



Voice OF V

The official voice of Region V



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LEARNING MORE ABOUT OUR TEAM MEMBERS

THERESE MURPHY- SWANSON, DDS



Dr. Therese “Terry” Swanson is a General Dentist, who has been practicing in Des Plaines, Illinois for the past 20 years. She was born and raised in Evergreen Park, Illinois as the oldest of ten children.

Terry first became involved in dentistry at the age of 17, when she began working as a receptionist and assistant in an Oral Surgery practice. While attending Dental Hygiene School, she worked as a dental assistant, and she practiced as a dental hygienist while attending Dental School.

Before earning her Doctorate of Dental Surgery from Loyola University School of Dentistry in Maywood, Illinois, Terry completed her undergraduate studies in Dental Hygiene at Loyola University.

Terry has been interested in the field of forensics since the first time it was mentioned during a lecture in Dental School. She joined DMORT Region V in 1996 and has

attended annual National and Regional trainings since that time. She was deployed to New York City following the World Trade Center Tragedy in 2001 as a forensic odontologist. In 2004, she was deployed to Port Charlotte, Florida on a logistics mission following Hurricane Charlie. She was also deployed to Gulfport, Mississippi and St. Gabriel, Louisiana in 2005 during the aftermath of Hurricane Katrina/Rita.

Terry has been a member of the Dental Identification Team of the Cook County Medical Examiners Office in Chicago, Illinois since 1995. She was one of the team members chosen to participate in the TOPOFF 2 Disaster Training Exercise at Midway Airport (Chicago, IL) in 2003, as part of the Cook County Disaster Response Team.

Volunteering many hours of her own time, Terry has been instrumental in providing DMORT team members with National Newsletter coverage since 2000. She has also played a major role as an editor of the Region V newsletter (“Voice of V”) since 2004. She is a past recipient of the Commanders Award for Meritorious Services to Region V.

Terry also stays very active within her community. Since 1999, she has worked with her church, St. Mary of Vernon, as a PADS volunteer (for a homeless shelter). She also is a strong advocate for dog adoption. She volunteers her time with various organizations and animal shelters, helping orphaned dogs and puppies find homes. She currently has 2 abandoned dogs of her own: Kelly (6 years) and Riley (2 years.)

Terry has been married to her husband Bob, also a General Dentist, for 21 years. They reside in Vernon Hills, Illinois with their 3 children. Christy (20 years) is a college junior majoring in Dental Hygiene. Matt (18 years) will soon be a college freshman. Cathy (16 years) will be a high school junior.

Over the course of many years, she has always been involved with her children’s activities: Girl Scouts, Boy Scouts, ballet, gymnastics, baseball coach, football, soccer, basketball, volleyball, fencing, badminton, track, cross country and of course, chauffeuring to all of the above.

Family has always been an extremely important part of her life, and she still has close relationships with her siblings.

When she is not working on teeth, the newsletters, or walking dogs, Terry enjoys long walks, talks, and laughs with friends, working out, cooking, eating, jigsaw puzzles, fishing, boating, swimming, and any vacation involving sun and sand.

We are very thankful that Terry has volunteered so much time to Region V and DMORT. With her great sense of humor, she continually keeps us all “smiling”.



SUGGESTED ITEMS TO PACK FOR DEPLOYMENT

Team members should have a “Basic Deployment Pack” readily available, in case of a deployment. Careful thought should be given in considering what items to include in the pack. The following are recommendations/considerations– type of disaster, regional weather, and lodging accommodations that are likely to be encountered, may influence what you decide to bring. Travel as light as possible; but remember, it is better to be prepared for the worst-case scenario.

You should prepare for a **minimum** of 2 weeks; 3 weeks is suggested.

BASIC DEPLOYMENT PACK

The “Basic Deployment Pack” should contain standard items to be taken with you on any disaster deployment. At minimum, it should contain the following items, many of which can be pre-packed for readiness and availability.

- * A **backpack** that can remain with you at all times if need be.
- * A **larger bag** that can be left at the “lodging” location or DMORT base of operations.
- * **DMORT photo ID** card on **lanyard** or in DMORT card holder.
- * **Government Credit Card**
- * **Immunization Card**
- * **Cash**—enough for at least 2 weeks (ATM’s may not be available) and a few credit cards.
- * **Uniforms** (“blouse”/jackets [with appropriate patches], several sets of trousers, multiple green T-shirts preferably the Region V variety)
- * **Belt - black**
- * **Hat** for protection from sun
- * **Underwear and socks**
- * **Gloves**—lightweight, leather
- * **Boots** (steel shank) and other footwear (broken in prior to deployment).
- * **Heavy duty rain suit jacket and trousers** (Gore-Tex or similar if possible)
- * **Prescription medications** (3 weeks supply in original containers with label)
- * **Spare eyeglasses**
- * **Watch or travel clock**
- * **Laxatives, anti-diarrhea medications, pain relief medication** (Tylenol, Ibuprofen, etc) vitamins- especially multi.
- * **Myoflex** (or similar cream for pulled, aching muscles/joints)
- * **Earplugs**, soft (it can get noisy at night or during the day if you are trying to sleep.)
- * **Toiletries - including soap**
- * **Towel** (very thin and absorbent type for campers or an old one) and **washcloth**
- * **Detergent** for washing clothing (there may be no laundry facilities)
- * **Small first aid kit**

- * **Flashlight and extra batteries**
- * **Sun screen**
- * **Insect repellent** -Ultrathon by 3M (recommended brand)
- * **Foot powder** and baby powder (for chafing) or **Gold Bond**
- * **Casual clothes and shoes**
- * **Lightweight laundry bag**
- * **Large garbage bags** (several)
- * **Paperbacks** for reading and then sharing

ADDITIONAL FOR HURRICANE DEPLOYMENTS

This deployment is different from all previous deployments in as much as housing, electricity, water, etc may be unavailable or unreliable.

- * **2 old single bed sized sheets**
- * **Sleeping bag or blanket**
- * **Small pillow**
- * A **sweatshirt** or equivalent because it does sometimes cool off at night
- * **Powdered Gatorade** or other source of electrolytes to add to your drinking water.
- * **Small battery powered fan and extra batteries** - Useful for temperatures up to and potentially over 120 degrees.
- * **Bottled water** (6-pack or 32-64 oz)
- * **Teabags or coffee bags**
- * **Snacks** (Power bars, cheese crackers, trail mix, etc.)
- * **Bathing suit and sandals** you may be sharing a hose when you are “showering”

DON'T BRING

- * **Cameras** including cell phone cameras (you may be able to use them off duty but you CAN NOT use them in the morgue and your off duty use could be misinterpreted.
- * **Computers**
- * **Valuables** in general they may be hard to protect properly under these circumstances.

REMEMBER: Never Travel in Uniform!

For the most current listing of what is allowed in your carry-on or checked luggage, please refer to www.tsa.gov .

NEWS FROM YOUR ADMINISTRATIVE OFFICER

Sue Atwood

ARE YOU READY?

If you are called to deploy, do you have a current U.S. Bank government issued credit card? An HHS ID badge? Certificates of completion for IS100, 200, 700 and 800/800b on file? Current license on file? Several sets of uniforms? Current immunizations? Current direct deposit banking information on file? Current contact information on file? If not, you are not eligible to deploy. If so, sort through your go bag to ensure you have weather appropriate gear packed.

Questions regarding uniforms and immunizations should be directed to **Jim Adams** (Jim@dmort.org). Questions regarding the IS online courses should be directed to **Jan Simons** (Janette.Simons@hhs.gov). All other questions, please contact me at Sue@dmort.org.

ESF# 8 Summit

April 4-8, 2009, Dallas, Texas

NDMS will be the co-sponsor of the ESF#8 Summit next year. Next year's Summit will be a joint effort and a tremendous opportunity for information sharing and building. The National DMORT training will be held April 4 & 5, as part of the Training Summit. Mark the dates on your calendars.

Condolences

Region V would like to express its deepest sympathy to **Brad Targhetta** for the recent loss of his father. Brad and his family will be in our thoughts and prayers during this difficult time.

We would also like to convey our sympathy to **Dave Walters** of Bourbonnais, Illinois for the loss of his father – on February 28, 2008.



Mary Fischer, Sue Atwood and Terry Swanson get together in Michigan for a day of fun and sun

If there are is anything you would like to see included in upcoming newsletters, or fun summer vacation pictures, please feel free to send them to any of us at the following email addresses:

Terry Swanson: terryswanson@msn.com

Mary Fischer: mffischer53@hotmail.com

Sheila Hall: halls@infantwelfare.org